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COMMERCIAL TURF FERTILIZATION



# **FEATURED COACHES**

# **RICH CATALANO**

**2X PIAA STATE CHAMPION OLYMPIC FESTIVAL FINALIST NCAA ALL-AMERICAN** 

**DAVE FOSTER** 2X MARYLAND STATE CHAMPION PR ELITE COACH

### **BEGINNER CAMP**

Introduction to Wrestling **Explanation of** 1st, 2nd & 3rd Periods **Basic Rules of the Match** Starting Stance, Takedowns & Pins **Games & Live Wrestling** 

## **EXPERIENCED CAMP**

**Unique Takedown Setups** Champion Three: Takedowns, **Escapes & Pinning Combinations** Leg Rides & Tilts **Defense & Counter Attacks Games & Live Wrestling** 

Eligibility: Beginner & Experienced Wrestlers Entering K - 8th Grades

Dates: July 10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup>

Time: 6:00 PM - 8:00 PM

**CHECK OUT OUR WEBSITE** www.pinerichlandyouthwrestling.com

Location: Pine-Richland HS, 700 Warrendale Road, Gibsonia, PA 15044

Auxiliary Gym @ Rear of Building Not Sponsored by the Pine-Richland School District

Cost: \$60.00 NON-REFUNDABLE (\$50.00 for PR ELITE & WAWA)

Payment: Checks payable to "PR ELITE WRESTLING"

Deadline for Registration: July 2, 2018 Registration is limited to 100 Wrestlers

Contact for questions: Coach Mike Ferraro – mykeferraro@yahoo.com

**BEAST MODE WRESTLING CAMP Registration** 

information and/or activity is not associated with Mars Area School District. Any questions or correspondence	
Area School District. Any questions or correspondence should be directed to the activity coordinator using the	service at the request of a non-school organization. This
should be directed to the activity coordinator using the	information and/or activity is not associated with Mars
	Area School District. Any questions or correspondence
contact information provided.	should be directed to the activity coordinator using the
	contact information provided.

PLEASE COMPLETE ONE FORM PER WRESTLER				
Wrestler Name: Circle: Beginner Expe				
If Experienced, # of years: Age:Entering Grade: School:				
Address: Phone:				
Parent Name: Email:				
Emergency Contact/Phone:				
Allergies/Medical Concerns:				
Circle T-shirt Size: YS YM YL YXL AS AM FREE T-SHIRT FOR EACH REGISTERED WR	ESTLER			
We hereby authorize our child to participate in the PR ELITE BEAST MODE Wrestling Camp, we do release and forever discharge any of the sponsoring organizations, its agents, employees, members, coaches, and all other persons associated with the same from any medical and all claims, demands, actions, causes of action or legal suits of any kind which might occur to us or our child because his/her participation in the PR ELITE BEAST MODE Wrestling Camp, including transportation of said child to and				

from the organizations programs or activities. We understand that this release precludes any claims on behalf of said from his/her participation.

Parent/Guardian Signature: Date:

Mail to: PR ELITE WRESTLING, Attn: Rene Hoy, 5717 Summit Street, Gibsonia, PA 15044

PR ELITE Wrestling is a 501(c)(3) non-profit organization.